

WELLFIT APPROVED FITNESS FACILITIES (as of 2/4/2010)

Contact facilities directly for information on available services & pricing.

Training Facility	Training Facility Name
BODYUS	"Body USA
24HF	24 Hour Fitness
4FWC	4th & Fitness Wellness Center
ABCSF	ABC Sports & Fitness
ACAC	ACAC Fitness and Wellness Ctr
ACF	Advantage Court & Fitness
AMERI	American Family Fitness
ANYTIM	Anytime Fitness
ARMS	Armstrong Fitness
AHC	Atlantis Health Club
BIOFIT	BIOFIT Exercise
BOONE	BOONE COUNTY COMMUNITY REC CTR
BALBOD	Balanced Body
BALLY	Bally Total Fitness
BEMILE	Baptist East/Milestone
BFFCCO	Baptist Family Fitness Cntr
BARDS	Bardstown Fitness
BBHF	Better Bodies & Health Fitness
BBG	Better Bodies Gym
BLAIR	Blairwood Club
BAC	Bluegrass Athletic Club
BFC	Bluegrass Fitness Center
BOBS	Bobs Gym
BIM	Bodies in Motion
BFX	Body FX
BMFFH	Body Makeover Fitness for Her
BMINC	Body Mastery Inc.
BSHF	Body Shop Health & Fitness
BSMFF	Body Structure Med Fitness Fac
BWF	Body Works Fitness
BODWOR	Bodyworks Racquetball & Fit
BRECK	Breckinridge Inn
BRICK	Brickhouse Gym Inc.
BLS	Bright Leaf Spa
BDC	Bunny Davis Center
BUSYBO	Busy Bodies
COFREH	C & O Fitness & Rehab
CROC	Calvary Bap Churc Rec Out Ctr
CACLUB	Cardio Club

CCFC	Carroll County Fitness Center
CASTLE	Castletons Fitness
CCCC	Central City Convention Center
CENTRE	Centre College Fitness Cntr
COP	Change of Pace
CMHWC	Clark Memorial Hospital Well
CFC	Clarksville Fitness Center
CCWLF	Club Cube Weight Loss & Fitness
CLEAST	Club East
CLBFIT	Club Fitness
COLES	Coles Fitness Center
CONTUR	Contours Express
COOMES	Coomes Recreation Ctr
CCAC	Corpus Christi Athletic Cntr
COURTS	Courtside Athletic Club
CBFC	Covered Bridge Fitness Center
CRJGF	Crabby Jacks Gym & Fitness
CROWLE	Crowleys Life Style Fitness
CRVAPL	Curve Appeal
CURVES	Curves
DBCRC	Danville-Boyle Cnty Rec Cntr
DCCROS	Derby City Crossfit
DUPONT	Dupont Racquet Club
DYNA	Dynabody Fitness Center
ESFC	E-town Swim & Fitness Center
EEF	East End Fitness
ESF	East Side Fitness
EFC	Elite Fitness Center
ESTFC	Endless Summer Tanning & Fitness
EF	Energy Fitness
ENERGY	Energy Sports & Fitness
EMWC	Ephraim McDowell Wellness
ESPORT	Esporta Warwickhire Health
EXCEL	Excel Fitness
EXEINN	Executive Inn
FITLIF	FITLife - W.Main & S.Hurst
FITONE	FITONE - The Regional Rehab
FAIRPC	Fairfax Co. Parks & Rec
FSARC	Falling Springs Arts & Rec
FFI	Family Fitness Inc.
FWC	Family Wellness Center
FFT	First Fitness & Therapy
FIT19	Fit 19
FFTK	Fit for the King
FTW	Fit-Time for Women
FEQUAT	Fitness Equation

FFACT	Fitness Factory
FITFIR	Fitness Firm
FFORM	Fitness Formula
FITNOW	Fitness Now
FWORLD	Fitness World
FITZON	Fitness Zone
FIM	Fitness in Middletown
FFRANK	Fitness on Frankfort
FLXFIT	Flex Fitness Center
FFC	Fords Fitness Center
TROVER	Foundation Sports Medicine
FAC	Frankfort Athletic Center
GAC	Georgetown Athletic Club
GETFIT	Get Fit
GFF	Glenn Fords Fitness - Oxford
GLHF	Glenville Health & Fitness
GOLDS	Golds Gym
GRAVIT	Gravity Fitness
HFC	Hancock Fitness Center
HARDBO	Hard Body Gym
HRG	Hard Rock Gym
HAYMCA	Harrison County (IN) YMCA
HQFC	Health Quest Fitness Center
HPHFC	HealthPark Health & Fitness
HESTER	Hesters Family Fitness
HIGHFI	Highland Fitness
HOST	Hobbs Orthopaedic & Sport The
HISAIR	Holiday Inn South (Airport)
HOPWEL	Hopewell Community Center
HORNER	Horner Center @ Hanover Col
HUMANA	Humana Health & Fitness
HUCLOC	Humana Waterside/Clocktower
IDLFIT	Ideal Fitness
IMMAN	Immanual Bap Ch Rec Otrch Ctr
INBYIN	Inch By Inch
IFF	Ironworks Family Fitness
ITFJH	It Figures! Fitness for Her
JFC	Jefferson Fitness Club
JCC	Jewish Community Cntr-Dutchman
KHF	Kentucky Health & Fitness
KPT	Kentucky Physical Therapy
KRF	Kings Recreation & Fitness
LADIES	Ladies Only
LWE	Ladies Workout Express-Hubbard
LAKSID	Lakeside Club
LPT	Lancaster Physical Therapy

LHF	Lanham Health & Fitness
LHFLLC	Lebanon Health & Fitness, LLC
LEXAC	Lexington Athletic Club
LTC	Lexington Tennis Club
LWBGC	Lide White Boys & Girls Club
LIFETM	Life Time Fitness
LONHF	London Health & Fitness
LOUAC	Louisville Athletic Club
LOUTEN	Louisville Tennis Club
LPAC	Luce Physical Activities Cntr
MYGYM	MY GYM
MTMAC	Mary T. Meagher Aquatic Cntr
MAXFIT	Maximum Fitness
MAYFC	Maywood Fitness Center
MEADE	Meade Co. Health Club - High
MWX	Mens Workout Xpress
METRO	Metro Fitness
MRFC	Miles Ridge Fitness Center
MILLIE	Millie's Total Fitness
MFC	Monticello Fitness Center
MULTCO	Multi-Purpose Complex
NFC	Nautilus Fitness Center
NDHF	New Directions Health & Fit
NEC	New Energy Club
NMJC	New Mexico Junior College
NICHOL	Nicholasville Athletic Club
ODIE	Odie's Gym
OCFWC	Ohio County Family Wellness
OWENS	Owensboro Gym & Fitness
OMHP	Owensboro Mercy Health Park
PAC	Paducah Athletic Club
PARKFC	Parklanes Fitness Center
PAYNE	Paynes Gym
PENGUN	Penguin Inc.
PERFIT	Personal Best Fitness
PTSPEC	Physical Therapy Specialists
POWER	Powerhouse Gyms
PRECIS	Precision Fitness, Inc.
PRECLB	Premier Club
PREMER	Premier Fitness
PTF	Prime Time Fitness - Crestwood
PFC	Pro Fitness Center
PROMAT	Promatx Health Club
RWFC	RWFC - Briarwood
RESULT	Resultz Personal Fitness
RAOAC	Roanoke Athletic Club

RFCTR	Rock Fitness Center
ROCK	Rockcastle Fitness Center
RUBYS	Rubys Gym
SSFLC	Saint Stephen Family Life
SCBC	Seabury Center/Berea College
SHAPE	Shapenastics Aerobic Center
SHAHF	Shapes Health & Fitness
SFC	Shelby Fitness Center
SCPFAC	Shelbyville/Shelby Co. Park
SHOW	Showtimes Gym - Main St.
LANSDO	Signature Club of Lansdowne
SNAP	Snap Fitness
SSBC	Southside Barbell Club -Dixie
SPLASH	Splash Fitness Center
STPMC	St. Paul Medical Center
STAR	Star Fitness
SUPER	Super Fitness
TMMK	TMMK Fitness Facility
TNTGYM	TNT Gym
TAMCOR	TammCor Fitness
TRFC	Taylor's Racquetball & Fitness
BEC	The Belmont Athletic Club
TCLUB	The Club
TCP	The Club at Paramont
THE	The Edge Health
GYM	The Gym
HINES	The Hines Center
TLSC	The Lexington Sports Club
TPTP	The P.T. Place
TPAV	The Pavilion
TPS	The Power Source
RANCH	The Ranch
SSC	The Spa @ South Coast
TSCIR	The Sports Club/Irvine
TVC	The Verandah Club (Verandah)
SDSU	The Wellness Center (SDSU)
TONE	Tone Express
TFW	Total Fitness & Wellness
TOTAL	Total Fitness Center
TOTALU	Total U Fitness Inc.
TRAC	Tri-State Athletic Club
TOFC	Tropical Oasis Fitness Center
URBFIT	Urban Fitness (formerly Golds)
VEITH	Veith Nautilus - Herr Lane
VICTRY	Victory Fitness
WALKER	Walkers Gym

WALLYS	Wally's Gym & Fitness Center
WAC	Winchester Athletic Club
WSTC	Woods of St. Thomas Club
WHFIT	Workhouse Fitness (Millies)
WOAMER	Workout America - Dixie Hwy
WGYM	World Gym
WGSAR	World Gym Saratoga
XMFIT	Xtra Mile Fitness
XTREME	Xtreme Fitness
AVYMCA	YMCA - Altavista Area
BAYMCA	YMCA - Barren County
BEYMCA	YMCA - Beaumont Centre
YMCABF	YMCA - Berrytown Family
BLYMCA	YMCA - Blakely Family
YMCABC	YMCA - Bullitt County
CVYMCA	YMCA - Central VA
CHYMCA	YMCA - Chester
YMCACS	YMCA - Chestnut Street
CPYMCA	YMCA - Coppel Family
CIYMCA	YMCA - Corydon
YMCADI	YMCA - Dixie
YMCADT	YMCA - Downtown(Metro) -2nd
FRYMCA	YMCA - Frankfort
GLYMCA	YMCA - Gloversville
GNYMCA	YMCA - Greenbrier North
HEYMCA	YMCA - Henderson Cnty Fmly
HOYMCA	YMCA - Hopkins Co. Family
JAYMCA	YMCA - Jamerson Family Branch
JCYMCA	YMCA - James L. Camp Jr.
JOYMCA	YMCA - Johnston
LFYMCA	YMCA - Limestone Family
MCYMCA	YMCA - Manchester
NAYMCA	YMCA - New Albany
NLYMCA	YMCA - North Lexington Fmly
YMCANE	YMCA - Northeast -Millbrook
YMCAOC	YMCA - Oldham County
OWYMCA	YMCA - Owensboro Family
PBYMCA	YMCA - Paris/Bourbon County
RPYMCA	YMCA - Rich Port
RMYMCA	YMCA - Rocky Mount-Downtown
SLYMCA	YMCA - S. Lexington-Eureka
SBHAL	YMCA - SO BOSTON/HALIFAX
SAYMCA	YMCA - Saratoga
SCYMCA	YMCA - Scott County
SIYMCA	YMCA - So Indiana (Jeff & NA)
YMCASE	YMCA - Southeast - Six Mile

SSYMCA
YMCASW
SWYMCA
SZYMCA
TEYMCA
TCYMCA
UCYMCA
WAYMCA
RWYMCA
NOYMCA
SHYMCA
WIYMCA
CKYMCA

YMCA - Southside
YMCA - Southwest -Fordhaven
YMCA - Southwestern IN
YMCA - Switzerland County
YMCA - Telford
YMCA - Tuckahoe
YMCA - Union County
YMCA - Washington County
YMCA Rocky Mount-Westridge
YMCA of South Hampton Roads
YMCA of South Hampton Roads
YMCA of Winchester
YMCA-Central KY - High Street